SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

"The disciples were first called Christians in Antioch." (Acts 11:26)

6330 W. 127th St., Palos Heights, IL 60463
Phone : (708) 239-0004, Fax : (708) 221-6449
www.virginmaryoc.org (virginmary@virginmaryoc.org)
Church Office Hours : Monday - Friday 10:00am-3:00pm

St. Mary Parish Clergy
Rev. Fr. Mousa Haddad, Pastor
Very Rev. Fr. Malek Rihani
Subdeacon Matthew Sweis
Subdeacon Ameer Tadros

Parish Council
Fr. Mousa - Presiding Officer
Fadi Abu Manneh - Chairman
Feras Sweis - Vice Chairman
Abdullah Tadros - Treasurer
Constantin Kari - Financial Sec.
Abeer Khouri - Secretary
Nidal Al-Farah
George Barakat
Bassam Salman
Feras Salman
Faris Samawi
Samer Tadros

Parish Ministries
Sunday School - Hanada Sweiss
SOYO - Marram Salman
Fellowship - Khalil Haddad
Antiochian Women - Susan Sweis
Handmaids - Mansoura Khouri and Lina Haddad
Humanitarian - Shireen Salman
OCLife - Nancy Cannon
Fishers of Men - John Eannace
Athletics - Melad Qodsi
Choir - Michael Rascia
Chanters - Khaled Salman and Faris Samawi
Webmaster - Sana Sweis

Office Administrator
Katia Haddad
katiahaddad@virginmaryoc.org

Church Hall Rental
Call the church office or email our Office Administrator

August 11, 2013

Seventh Sunday after Pentecost

Our Future Altar

Sunday Matins – 8:45 a.m.
Sunday Divine Liturgy – 10:00 a.m.
(Confessions by Appointment)

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

Hymns of the Day

Entrance Hymn (Tone Two)

O Come, let us worship and fall down before Christ.
Save us, O Son of God, who art risen from the dead, who sing to Thee: Alleluia!

Troparion of the Resurrection (Tone Six)

When Mary stood at Thy grave looking for Thy sacred body, angelic powers shone above Thy revered tomb, and the soldiers who were to keep guard became as dead men. Thou led hades captive and wast not tempted thereby, Thou didst meet the virgin and didst give life to the world, O Thou who art risen from the dead, O Lord, glory to Thee.

Troparion of the Transfiguration in (Tone Seven)

When, O Christ our God, thou wast transfigured on the mountain, thou didst reveal thy glory to thy Disciples in proportion as they could bear it. Let thine everlasting light also enlighten us sinners, through the intercessions of the Theotokos, O thou Bestower of light, glory to thee.

Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

Kontakion of Transfiguration (Tone Seven)

Thou wast transfigured on the mount, and Thy Disciples, in so far as they were able, beheld thy glory, O Christ our God: so that, when they should see Thee crucified, they would remember that all thy suffering was voluntary, and could declare to all the world that Thou art truly the effulgent Splendor of the Father.

Epistle of the Seventh Sunday after Pentecost

O Lord, save your people and bless your inheritance!
To you, O Lord, have I cried O my God!

The reading is from Saint Paul's Letter to the Romans (15:1-7).

BRETHREN, we who are strong ought to bear with the failings of the weak, and not to please ourselves; let each of us please his neighbor for his good, to edify him. For Christ did not please himself; but, as it is written, "The reproaches of those who reproached thee fell on me." For whatever was written in former days was written for our instruction, that by steadfastness and by the encouragement of the scriptures we might have hope. May the God of steadfastness and encouragement grant you to live in such harmony with one another, in accord with Christ Jesus, that together you may with one voice glorify the God and Father of our Lord Jesus Christ. Welcome one another, therefore, as Christ has welcomed you, for the glory of God.

Gospel of the Seventh Sunday after Pentecost

The Reading is from the Holy Gospel according to St. Matthew (9:27-35).

At that time, when Jesus was passing by, two blind men followed him, crying aloud and saying, "Have mercy on us, Son of David." When he entered the house, the blind men came to him; and Jesus said to them, "do you believe that I am able to do this?" They said to him, "Yes, Lord." Then Jesus touched their eyes, saying, "According to your faith be it done to you." And their eyes were opened. And Jesus sternly charged them, "See that no one knows it." But they went away and spread his fame through all that district. As they were going away, behold, a dumb demoniac was brought to Jesus. And when the demon had been cast out, the dumb man spoke; and crowds marveled, saying, "Never was anything like this seen in Israel." But the Pharisees said, "he casts out demons by the prince of demons." And Jesus went about all the cities and villages, teaching in their synagogues and preaching the gospel of the Kingdom, and healing every disease and every infirmity of the people.

St. Mary Fishers of Men
Proudly Present:

A Family Retreat with our Bishop!

September 14th & 15th - Celebrating the Elevation of the Holy Cross

His Grace Bishop ANTHONY

Bishop of Toledo and the Midwest

Saturday , September 14th

10:00 am -Divine Liturgy for the Elevation of the Cross
With Sunday School Procession of the Holy Cross

11:30 am -Fasting Pot Luck Lunch hosted by our Antiochian Women

12:30 pm -Bishop ANTHONY will give a Presentation to our Adults entitled:
"The Role of the Husband/Father in a Christian Home."
(During the adult workshop, children will play sports in the gym or watch a movie in the Nadi. Chaperones will be available.)

2:30 pm -Bishop ANTHONY will give a Presentation to our Sunday School
-Adult Backgammon Tournament in the Nadi with Arabic Coffee

5:00 pm -Great Vespers

Sunday, September 15th

8:45 am -Matins and Hierarchical Divine Liturgy with Bishop ANTHONY
With the swearing-in of new Fishers of Men members

12:00 pm -Fellowship hour after the Liturgy

Following Fellowship Hour members of the Fishers of Men are hosting a luncheon for Bishop ANTHONY at Franchesca's

(*Luncheon open only to members of the Fishers of Men*)

Parish News

Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour. It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial*. It takes minimal effort, and it encourages fellowship among our community.

Holy Bread and Coffee Hour

08/11: Emile and Eideh Haddad & Family

08/18: Ziad and May Sweis & Family

08/25: Bishara Sweis & Family

Epistle Reading

08/11 - Khaled Salman & Futien Johnson
08/18 - Lily Sweiss & Lana Sweis

OCCHY Bulletin Blurb
Sunday 08/11/13
OCCHY Quiz

WHAT IS ONE OF THE LEADING CAUSES OF TEEN SUICIDE?
a. Bullying b. Drugs c. Alcohol d. Depression
Answer is D.
Some Symptoms: Withdrawing from family and friends, Losing interest in social and extracurricular activities, Displaying a lack of energy - Feeling tired most of the time, Anxiety - Irritability - Anger, Significant weight fluctuations, Sleep pattern changes Physical pains or sickness, even though nothing is physically wrong Uncharacteristic pessimism, Guilty feelings - Lowering of self-esteem Suicidal thoughts While these symptoms can be experienced by nearly everyone at some point in life, it is important to be able to tell teen depression apart from the normal roller coaster of life. A general rule of thumb for recognizing teenage depression is that five or more symptoms will persist without break for more than two weeks.
- http://www.teensuicide.us/articles6.html

Churching

Ayden

Parents: Simon & Dasha Hanna

Congratulations!

"Bible Verse of the Week"

Thy word is true from the beginning, and every one of Thy righteous judgments endureth for ever. Psalm 119:160

Antiochian Women Meeting
Friday, 8/9/13 @ 7:00pm
Fellowship Hall

Orthodox Christians For Life (OCLife) Meeting

Saturday, August 10, at 11:00 A.M., at St. Mary's.
Refreshments will be served.

DePaul Cultural Day

DePaul University is hosting a free Cultural Day. This is an invitation for all adults interested in the Arabic language and literature.

Saturday, August 31, 2013

Please See Mariana Sweis to register!

Upcoming Events

Friday, August 9, 2013 - 7:00pm	Open Gym - Men's Basketball League
Friday, August 9, 2013 - 7:00pm	Antiochian Women Meeting
Saturday, August 10, 2013 - 11:00am	OC Life Meeting at St. Mary's
Sunday, August 11, 2013 - 2:00pm	Men's Basketball League Games
Tuesday, August 13, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Wednesday, August 14, 2013 - 7pm	St. Mary Feast Day Liturgy and Potluck Celebration
Friday, August 16, 2013 - 7:00pm	Open Gym - Men's Basketball League
Sunday, August 18, 2013 - 2:00pm	Men's Basketball League Games
Tuesday, August 20, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Friday, August 23, 2013 - 7:00pm	Open Gym - Men's Basketball League
Sunday, August 25, 2013 - 2:00pm	Men's Basketball League Games
Tuesday, August 27, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Friday, August 30, 2013 - 7:00pm	Open Gym - Men's Basketball League
Sunday, September 1, 2013 - 2:00pm	Men's Basketball League Games
Monday, September 2, 2013 - 12:00pm	St. Mary Annual Labor Day Picnic
Tuesday, September 3, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Saturday, September 7, 2013 - 10:00am	St. Mary's Fishers Men Monthly Breakfast
Saturday, September 7, 2013 - 11:00am	Arabic School Orientation
Saturday, September 7, 2013 - 1:30am	Youth Sports League
Sunday, September 8, 2013 - 10:00am	Sunday School
Tuesday, September 10, 2013 - 6:30pm	"Gospel in an Hour" Bible Class
Saturday, September 14-15, 2013	Family Retreat with Bishop Anthony

We are currently in the Dormition Fast, a two week fast in honor of our Patron Saint, the Virgin Mary. The fast will end when we celebrate the Divine Liturgy in honor of her feast day on Wednesday, August 14th. Please mark your calendars. God bless!

St. Mary Feast Day Liturgy and Potluck Celebration

Wednesday, August 14, 2013 at 7:00pm

SUNDAY SCHOOL

- Provide your children with an outstanding Orthodox Christian education.
- Let your children become more well rounded with their Faith , community, and culture.
- Set your kids on the right path to success!

SUNDAY SCHOOL STARTS SEPTEMBER 8th

Please see Hanada Sweis or any Sunday School Staff in the Fellowship Hall to register your children today!

"Jesus said, "Let the little children come to me, and do not forbid them; for of such is the kingdom of heaven" " - Matthew 19:14

St. Mary Orthodox Church of Palos Heights

St. Mary Arabic School

Dear families and friends, we are glad to announce that Arabic school will start September 7th, 2013 (Orientation) and it will be held on Saturdays from 11:00am to 1:00pm.

العربية

!!!Register Today!!!

There will be 2 semesters

Cost: $150 per semseter

or

A one time payement of $275

Adults Class available as well! Taught by Professor Maha Sweis Dababneh, PhD.

Please See Mariana Sweis to register or if you have any questions.

St. Mary

YOUTH SPORTS LEAGUE

LEAGUE Begins SATURDAY, SEP 7th

- **League will be every Saturday Until May 17, 2014**
- **Ages 5-7 $60 for the year/ $40 per half**
- **Ages 8-12 $80 for the year/ $50 per half. All games and open gyms will be held at St. Mary Orthodox Church of Palos Heights**

Registration Starts this Sunday!!!

Saturdays at St. Mary will be filled with lots of activities! The day will begin with the Arabic School at 11:00 a.m. Followed by Youth Sports League at 1:30 p.m. All families are encouraged to participate!

If there is anyone interested in volunteering please see Fr. Mousa or Fabiola Sweis.

Thank you for your ongoing support!

St. Mary Orthodox Church
6330 W. 127th St.
Palos Heights, IL 60463

Contact Fabiola Sweis
fabiolasweis@gmail.com
with any questions.

St. Mary Orthodox Church

PICNIC

Our Annual Labor Day Picnic

Monday,
September 2nd, 2013
12pm

Featuring the Championship Game
St. Mary Men's Basketball League!

Kids Fire Truck Tour

6330 W. 127th St., Palos Heights

FOOD * MUSIC * GAMES * SPORTS & MORE!!!

PAN-ANTIOCHIAN CHURCH PICNIC

When: Sunday, September 15,2013

Location: Bemis Woods Groves 6 and 7.

Corner of Ogden Ave and Wolf Road

in Western Springs, IL.

Time: 1:00 PM.

Grilled food and appetizers will be served at the picnic.

Please bring a dessert to share with others.

There will be some sporting activities.

Suggested donation: $5.00 per person.

INTERNATIONAL ORTHODOX CHRISTIAN CHARITIES

WALK THE WALK FOR IOCC

Join us for our annual 5K Walk/Run to support IOCC global humanitarian aid programs!

Saturday, September 28, 2013

St. Andrew Greek Orthodox Church
5649 N. Sheridan Rd. • Chicago, IL 60660

Registration: 8:00 AM • Walk/Run Begins: 9:00 AM • Breakfast: following the race

Adult: $20 • Children 12 and under: $10 • Day of Race: $25

Weekly Synaxarion

On August 11 in the Holy Orthodox Church we continue to celebrate the feast of the Holy Transfiguration of our Lord, God and Savior Jesus Christ; and we commemorate the Holy Martyr and Archdeacon Euplos of Catania in Sicily. The Emperor Diocletian dispatched Commander Pentagurus to Sicily to exterminate any Christians he found there. Pentagurus did not find a single Christian, for the few that were there, hid from the persecutor and did not reveal themselves. Then someone accused Euplos of taking a book—the Book of the Holy Gospels—to secret Christians and reading to them. They soon brought him to court, hung that book around his neck and led him to prison. After seven days of imprisonment and hunger Euplos was handed over for torture. While they were beating him with iron rods, Euplos mockingly said: "O ignorant one, do you not see that because of God's help, these tortures are for me as a cobweb? If you can, find other harsher tortures, for all of these are as toys." Finally, they led the martyr of Christ out to the scaffold. Then Euplos opened the Holy Gospel and read from it to the people for a long time. Many converted to the Faith of Christ. Euplos was beheaded in the year 304 and took up habitation in the Kingdom of Heaven. His miracle-working relics repose in a village near Naples called Vico della Batonia. On this day, we also commemorate Niphon, patriarch of Constantinople; and New-martyrs Anastasios and Demetrios of Lesbos. By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.