



SAINT MARY ORTHODOX CHURCH

The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

"The disciples were first called Christians in Antioch." (Acts 11:26)

6330 W. 127th St., Palos Heights, IL 60463

Phone : (708) 239-0004, Fax : (708) 221-6449

www.stmaryoc.org (office@stmaryoc.org)

Church Office Hours : Monday - Friday 10:00am-3:00pm

St. Mary Parish Clergy

V. Rev. Fr. Mousa Haddad, Pastor

V. Rev. Fr. Malek Rihani

Subdeacon Matthew Sweis

Subdeacon Ameer Tadros

Parish Council

Luai Sweiss - Chairman

Abdullah Tadros - Vice Chairman

Jason Haddad - Treasurer

Ramiz Sweiss - Financial Secretary

Fabiola Sweis - Secretary

Nidal Al-Farah

Constantin Kari

Abeer Khouri

Faris Samawi

Bassam Shaheen

Feras Sweis

Parish Ministries

Sunday School - Philip Riske

SOYO - Murad Salman

Fellowship - Fabiola Sweis

Antiochian Women -

Magida Abudayyeh

Handmaids - Mansoura Khouri and

Lina Haddad

Humanitarian - Shireen Salman

OCLife - Nancy Cannon

Fishers of Men - John Eannace

Athletics - Melad Qodsi

Choir - Michael Rascia

Chanters - Khaled Salman and

Faris Samawi

Webmaster - Sana Sweis

Office

May Sweis

administrator@stmaryoc.org

Church Hall Rental

Call the church office or email our

Office Administrator

March 29th, 2015

Fifth Sunday of Great Lent

St. Mary of Egypt



Weekly Schedule of Services

Saturday: 5:00p.m. -- Great Vespers

Sunday: 8:45 a.m. Matins -- 10:00 a.m. Divine Liturgy

Wednesday: 10:00 a.m. Matins -- 10:30 a.m. Bible Study
(Confessions by Appointment)

Welcome to St. Mary Orthodox Church! We extend our warmest and heartfelt greetings to you and your family. If this is your first time with us, we pray that you feel at home. After all, we are gathered together in our Father's house. For more information, please see one of the ushers at the end of the service for a "Welcome Packet." May God bless you and give you many healthy years in His service.

Changes in the Liturgy

Entrance Hymn

O Come, let us worship and fall down before Christ.
Save us, O Son of God, who art risen from the dead, who sing to Thee:
Alleluia!

Troparion of the Resurrection (Tone One)

While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Saviour, granting life to the world; for which cause the Heavenly Powers cried aloud unto Thee, O Giver of Life, Glory to Thy Resurrection, O Christ! Glory to Thy Kingdom! Glory to Thy Providence! O Thou who alone art the Lover of Mankind.

Troparion of St. Mary of Egypt (Tone Eight)

Through thee, the divine likeness was securely preserved, O Mother Mary; for thou didst carry the cross and follow Christ. By example and precept thou didst teach us to ignore the body, because it is perishable, and to attend to the concerns of the undying soul. Therefore, doth thy soul rejoice with the angels.

Troparion of the Dormition (Tone One)

In thy birth giving O Theotokos, thou didst keep and preserve virginity; and in thy falling asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore by thine intercessions, deliver our souls from death.

Kontakion of the Theotokos (Tone Two)

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

Epistle of the Fifth Sunday of Lent

*Make your vows to the Lord our God, and perform them!
God is known in Judah; His Name is great in Israel!*

The Reading is from the Epistle of St. Paul to the Hebrews (9:11-14).

Brethren, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation), He entered once for all into the Holy Place, taking not the blood of goats and calves but His own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, Who through the eternal Spirit offered Himself without blemish to God, purify your conscience from dead works to serve the living God?

Gospel of the Fifth Sunday of Lent

The Reading is from the Holy Gospel according to St. Mark (10:32-45).

At that time, Jesus took His twelve Disciples, and began to tell them what was to happen to Him, saying, "Behold, we are going up to Jerusalem. And the Son of man will be delivered to the chief priests and the scribes, and they will condemn Him to death, and deliver Him to the Gentiles. And they will mock Him, and scourge Him, and spit upon Him, and kill Him; and after three days He will rise." And James and John, the sons of Zebedee, came forward to Him, and said to Him, "Teacher, we would that thou shouldest do for us whatsoever we shall desire" And Jesus said to them, "What do you want Me to do for you?" And they said to Him, "Grant us to sit, one at Thy right hand and one at Thy left, in Thy glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to Him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized. But to sit at My right hand or at My left is not Mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant at James and John. And Jesus called them to Him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be servant of all. For the Son of man also came not to be served but to serve, and to give His life as a ransom for many."

Megalynarion for the Theotokos from the Liturgy of St. Basil (Tone Eight)

In thee all creation rejoices, O Full of Grace; the assembly of angels and the race of men; O sanctified temple and spiritual paradise; the glory of virgins, from whom

God was incarnate and became a child; our God before the ages, He made thy womb a throne, and thy body He made more spacious than the heavens. In thee all creation rejoices, O Full of Grace, glory to thee.

KIDNEY DONOR NEEDED

- Someone in the St. Mary community is in great need of a kidney.
- They have been on the donor list for a year, and the estimated wait time is 5~7 years.
- Both kidneys are functioning at 13%. If they drop to 10% they will need to begin dialysis.
- They have a blood type of O positive.
- If you find it in your heart to donate, please contact Fr. Mousa.



PARISH NEWS



Honoring your loved ones: Please consider signing up for one or more Sundays to provide Holy Bread and Coffee hour.

It's this gift of Holy Bread that we use to prepare communion and to share with our parishioners at the end of the service. *What better way to honor your loved ones on their birthday, anniversary, graduation or memorial.* It takes minimal effort, and it encourages fellowship among our community.

Holy Bread and Coffee Hour

03/29: Elia and Lily Sweiss & Family

04/05: Philip and Grace Riske & Family

04/12: Rashid and Suzan Sweis & Family

Epistle Reading

03/29: Lily Sweiss & Futien Johnson

04/05: Awan Sweis & Rita Magnuson

“Bible Verse of the Week”

Blessed is the man who endures temptation; for when he has been approved, he will receive the crown of life which the Lord has promised to those who love Him.

James 1:12



Falafel Sandwich Sale

Today after Liturgy
Prepared by our
Antiochian Women



OCCHY QUIZ

TRUE OR FALSE: *All of the other kids drink alcohol. I need to drink to fit in.*



FALSE! If you really want to fit in, **stay sober.** Most young people don't drink alcohol. Research shows that more than 73 percent of youth aged 12 to 20 haven't had a drink in the past month.

Sources: SAMHSA (Substance Abuse and Mental Health Services Administration) brochure, "Underage Drinking: Myths vs. Facts", Publication # (SMA) 08-4299.

Like us on Facebook at <https://www.facebook.com/OCCHYChicago>

Lent & Holy Week Services 2015 خدمات الصيام والاسبوع العظيم

March 27 آذار	Friday: Akathist w/ Potluck Dinner الجمعة: خدمة مديح والدة الإله	7:00pm مساء
March 30 آذار	Monday: Great Compline الإثنين: صلاة النوم الكبرى	7:00pm مساء
April 1 نيسان	Wednesday: Pre-Sanctified Liturgy الأربعاء: القداس السابق تقديسه	7:00pm مساء
April 3 نيسان	Friday: Pre-Sanctified Liturgy الجمعة: القداس السابق تقديسه	7:00pm مساء
April 4 نيسان	Saturday: Lazarus Saturday Liturgy السبت: القداس لسبت اليعازر	10:00am صباحا
April 5 نيسان	Sunday: Palm Sunday Liturgy الأحد: خدمة القداس لعيد الشعانين	10:00am صباحا
	Sunday: 1st Bridegroom Service الأحد: الختن الأولى	7:00pm مساء
April 6 نيسان	Monday: 2nd Bridegroom Service الإثنين: الختن الثانية	7:00pm مساء
April 7 نيسان	Tuesday: 3rd Bridegroom Service الثلاثاء: الختن الثالثة	7:00pm مساء
April 8 نيسان	Wednesday: Holy Unction Service الأربعاء: صلاة الزيت المقدس	7:00pm مساء
April 9 نيسان	Thursday: Divine Liturgy of St. Basil الخميس: قداس باسيليوس العظيم	10:00am صباحا
	Thursday: 12 Passion Gospels الخميس: خدمة ١٢ انجيل والصلب	7:00pm مساء
April 10 نيسان	Friday: Royal Hours الجمعة: خدمة الساعات	10:00am صباحا
	Friday: Taking Down From the Cross الجمعة: خدمة انزال المصلوب	3:00pm مساء
	Friday: Lamentations الجمعة: جناز المسيح	7:00pm مساء
	(GOOD FRIDAY All-Night VIGIL to follow سهرانية العيد)	
April 11 نيسان	Saturday: Vespers Liturgy of St. Basil السبت: قداس سبت النور	10:00am صباحا
	Saturday: Rush Procession & Matins followed by Paschal Liturgy	10:00pm مساء
	السبت: سحرية العيد، الهجمة و قداس القيامة	
April 12 نيسان	Sunday: AGAPE VESPERS الأحد: صلاة الباعوث	1:00pm ظهرا



St. Mary's Fishers of Men Monthly Breakfast

April 4th, 2015

Liturgy at 10:00am for Lazarus Saturday

Followed by Lenten Lunch

TOPIC:

“The meaning and importance of Holy Week Services”

Reminder!

*All Food for Hungry People Boxes
are due after Easter.*

Thank You!



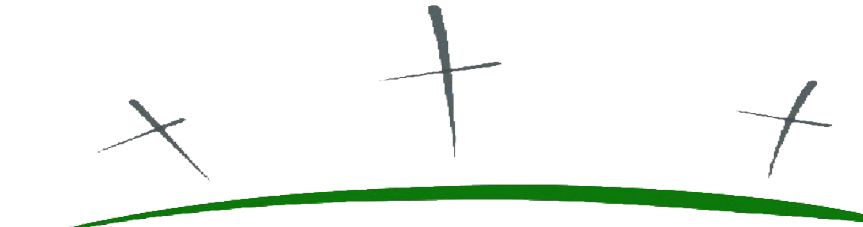
Registration Open NOW for Youth Good Friday Retreat Friday, April 10th * 10AM-4PM

Take a day away from earthly cares and join us!

Open to all youth in 1st through 8th Grades*

(there will be 2 separate groups with age appropriate activities)

Traditional Ukrainian Egg Decorating, Easter Egg Hunt, Crafts, Bible Study, Games, Lunch & Snacks
Provided



Registration Requests at SundaySchool@StMaryOC.org

cherub choir

Starting Saturday, April 25th

Saturdays 4PM-6PM for 1st through 8th Grades

Learn the basics of music, church music & sing/chant Vespers.

You don't need to know how to read music, WE WILL TEACH YOU!!!

Questions or Concerns? See Preyma Grace or Angela





St. Mary's Men's Basketball League



The time has finally come for family, friends, and lots of fun! We are pleased to present the 4th Annual Men's Basketball League. The games will be held in the gymnasium of St. Mary's Orthodox Church. This league will be open to members of the community and to our sister churches. The timing of this league couldn't be better as we try to come together as a community to enjoy companionship and some friendly competition. We ask that you all spread the word as much as possible, as we get things started to have another successful season! There will be sign-ups held during coffee hour and open gyms.

Season begins on June 2nd 2015

***Forms, Teams, and Fees due by May 17th 2015**

Requirements:

- Signed waiver
- Team registration sheet
- Fees
- \$75/ person- No Purchase of Jersey
- \$100/ person- With Purchase of Jersey

Information:

- Ages 16 and up
- Make your own team
- Min members per team -- 7
- Max members per team – 9

Contact: athletics@stmaryoc.org

Nidal Haddad 708-691-8849 or Melad Qodsi 708-692-0561



ST. MARY'S ATHLETIC'S

6330 West 127th St. Palos Heights, IL

3-on-3 Basketball Tournament

St. Mary is hosting their annual 3-on-3 basketball tournament! Get your starting line-ups ready for a weekend full of family, friends and FUN!!! Come support your community and enjoy some friendly competition.

The tournament will be held on **Saturday, May 9th 2015 at 10:00am.**

SEE YOU THERE!



Requirements:

- Completed Registration/Waiver Form
- Registration Fee \$25/person
- Ages 14+
- 3 players per team
Men's and women's bracket
- All forms and fees due by:
May 3rd 2015

For questions contact:

Melad Qodsi
708-692-0561
athletics@stmaryoc.org

Nidal Haddad
708-691-8849

Fabiola Sweis
708-715-3229

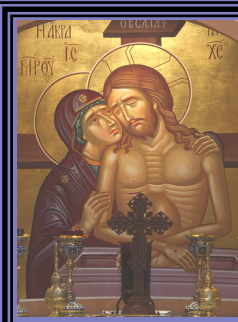
DodgeBall

- What:** Dodge Ball Tournament Presented by St. Mary's Orthodox Athletic Ministry
- Who:** Ages 14 and up, 5 players per team; *1 must be female*
- Fee:** \$20 per person/\$100 per team
- When:** Sunday, September 6th 2015 at 3:00 PM
- Where:** The Gymnasium of St. Mary Orthodox Church at 6330 W, 127th St., Palos Heights, IL, 60463



FOR
REGISTRATION
FORMS AND MORE
INFORMATION,
CONTACT US AT
athletics@stmaryoc.org





Chicago-area Antiochian Churches present
2015 Lenten Lecture Series
*Uniting our faithful; and together sharing in the
 Passion of our Lord, and celebrating
 His Glorious Resurrection*



All lectures will begin promptly at 7:00pm and will last for 45 minutes, followed by a 15 minute Q&A.

Fellowship and light refreshments will follow.

Please join us for these discussions and let's travel together on a meaningful journey through this Holy Season of Lent

Date / Time	Presenter	Topic	Name and Location of Host Parish
Thursday, February 26th	Rev. Fr. Sharbel Bcheiry, Ph.D. St. Afrem Syriac Orthodox Church <i>(Lecture in Arabic with English summary)</i>	“The Mystical Experience and Enlightenment of Gregory Bar Hebraeus: A Syriac Father from the 13th Century”	Our Lady of Lebanon Maronite Church 950 N Grace St., Lombard, IL 60148
Thursday, March 12th	V. Rev. Fr. Malek Rihani, M.Th., C.M.F.T. St. Mary Antiochian Orthodox Church <i>(Lecture in English)</i>	“Using Finances in our Pursuit of Holiness”	St. John Syriac Orthodox Church 250 S. Villa Ave. Villa Park, IL 60181
Thursday, March 26th	Rev. Dn. William Nijm, Ph.D., M.D. St. John the Baptist Melkite Church <i>(Lecture in English)</i>	“Pain, Suffering, and Heaven”	St. George Antiochian Orthodox Church 1220 S. 60th Ct. Cicero, IL 60804

“For what good is it if we abstain from birds and fishes, but bite and devour our brothers and sisters?” St. John Chrysostom



2015 SPRING DELEGATES' MEETING

Diocese of Toledo and the Midwest

His Grace Bishop Anthony Presiding



March 27-29



GOT SOCKS?

Bring a pair of socks for our sock drive to benefit the Fraternite Notre Dame in Chicago!



Hosted by St. George Cicero, IL

*Fellowship of St. John the Divine, Teen SOYO,
Antiochian Orthodox Women of North America*

Go to <http://dotamregistration.wordpress.com> to register.



Chicago Marriott Oak Brook

Room rate: \$102/night; Make reservations by March 13 by calling 630-573-8555.

Registration: \$40 (includes meals/activities) + one pair of socks.

All events held at St. George Cicero.

CHICAGO'S PAN-ORTHODOX AKATHIST HYMN

SPONSORED BY
THE ORTHODOX CHRISTIAN CLERGY ASSOCIATION



**TUESDAY, MARCH 31, 2015
7:00 P.M.**

NORTH:

Holy Protection of the Mother of God
Serbian Orthodox Monastery
“New Gracanica”
35240 W. Grant Avenue, Lake Villa, IL
(Route 45, 1 mile south of Route 132)

Homilist: Fr. George Lamberis

SOUTH:

St. Luke Orthodox Church (OCA)
10700 S Kean Avenue
Palos Hills, Illinois

Homilist: Fr. Nikolaj Kostur

Midwest Parish Life Conference 2015

Host: St. Nicholas Antiochian Orthodox Church

June 24-28 Amway Grand Plaza: \$118/night

Buy a ticket book by April 1st for a chance to win a Free Night Stay
www.midwestplc2015.com



Grand Rapids, PURE MICHIGAN[®]

 facebook.com/midwestPLC

DANCING WITH OUR
STARS HAFLI

BIBLE BOWL

CELEBRATION ON
THE GRAND

GAME SHOW

TEEN
ORATORICAL

SERVICE PROJECT

REUNION ON THE
GRAND

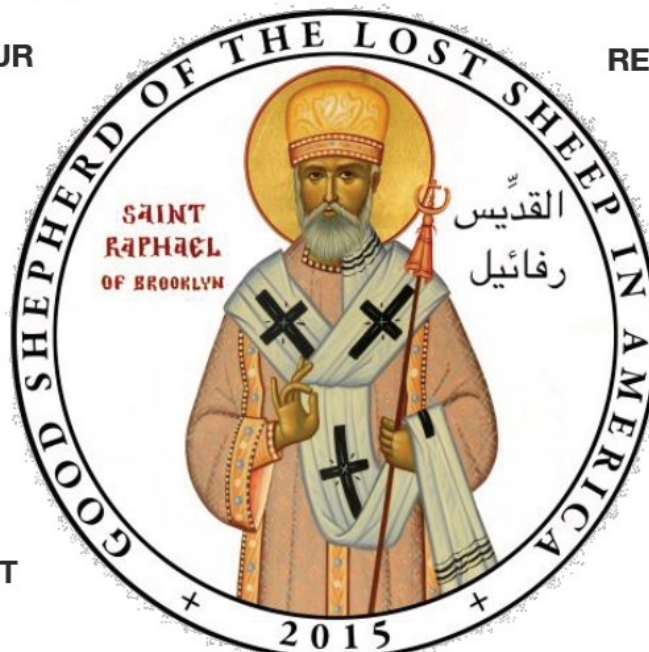
GOLF OUTING

PARISH SPORTS
COMPETITION

URBAN MARKET

PICNIC AT THE
ZOO

LITURGICAL SERVICES



100TH ANNIVERSARY of the
FALLING ASLEEP of SAINT RAPHAEL



IOCC ANNUAL PAN-ORTHODOX GRAND BANQUET AND SILENT AUCTION

Thursday, April 30, 2015

6:00pm Cocktails • 7:00pm Dinner

CAFÉ LA CAVE

2777 Mannheim Road • Des Plaines, IL 60018

Join us for a special IOCC presentation!

Tickets are \$125 per person
Please RSVP by April 17, 2015
*Net proceeds from this event will benefit
IOCC's humanitarian relief work*



IOCC

Registration online at ioccc.org/chicago



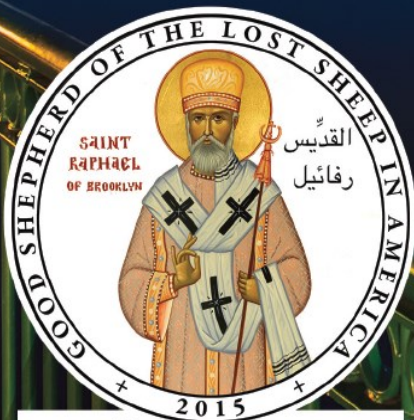
Something for Everyone!

St. Mary, Cambridge MA invites you
to join us for the

Boston 52ND ANTIOCHIAN ARCHDIOCESE CONVENTION

2015

July 20-26
Sheraton Boston Hotel



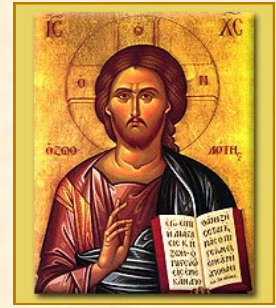
100TH ANNIVERSARY of the
FALLING ASLEEP of SAINT RAPHAEL

Kids Club/Tween Club
Bible Bowl
Oratorical Festival
Enliven to Christ
Daily Bible Study
Department Meetings
An Enchanting Evening over Boston
A Night to Celebrate our Archdiocese
Cabaret & Hufli
Grand Banquet
Teen Banquet/Pool Party
21/40 Event

Go to www.acboston2015.com for more information and to register



Weekly Synaxarion



On March 29 in the Holy Orthodox Church, we commemorate the Martyr Mark, bishop of Arethusa, Martyr Cyril the deacon of Heliopolis and those with them; Martyrs Jonah and Barachisios of Persia and those with them; and Eustathios the Confessor, bishop of Bithynia. On this same day, the Fifth Sunday of Great Lent, it was ordained that we make remembrance of our Godly Mother Mary of Egypt. Once, during the Honorable Fast, the priest-monk Zosimus withdrew into the wilderness. He caught sight of a withered woman named Mary; her hair was white as snow. Mary then told Zosimus that she was born in Egypt and at the age of 12 began to live a life of debauchery in Alexandria for 17 years. One day, she went to Jerusalem to enter the church to venerate the Honorable Cross. However, some invisible force restrained her. In great fear, she gazed upon the icon of the Theotokos in the vestibule and prayed that she be allowed to enter the church, all the while confessing her sinfulness. She was then permitted to enter the church. Having venerated the Cross she again entered the vestibule and, before the icon, gave thanks to the Mother of God. At that very moment she heard a voice saying: “If you cross the Jordan, you will find glorious rest!” Mary left for the wilderness and remained there for 47 years in repentance. She bade Zosimus to come back in one year with Holy Communion, which he did. The following year, on Holy Thursday, April 1, 522, Zosimus discovered Mary’s lifeless body, and buried her. Thus, the Lord glorifies penitent sinners. The Church exalts and exemplifies Mary to the faithful in Great Lent as an incentive for repentance that brings entry into the Heavenly Kingdom. Through her intercessions, O Christ God, have mercy upon us. Amen.